

Food Bank of the Hudson Valley's 13th Annual

Walk to Fight Hunger

Saturday, October 8, 2016 at 11 a.m.

**At the Walkway over the Hudson
Highland, NY**

Registration begins at 10:30 a.m.

Free Refreshments for Walkers!

**Get friends & family
to sponsor you.
Set up a team
with your
school or business!**



**Free t-shirt with \$25
donation!
(limit 1 per walker)**

Extra registrations can be picked up at the walk site or at the Food Bank.

Mail in registration form and donations to: Food Bank of the Hudson Valley;

**195 Hudson Street
Cornwall-on-Hudson, NY 12520
or bring to registration table day of walk.**

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Did you know?

- The Food Bank serves 6 counties in the lower Hudson Valley—Dutchess, Orange, Putnam, Rockland, Sullivan, and Ulster.
- Last year, the Food Bank distributed over 13 million pounds of food in the lower Hudson Valley.
- Every \$1 donated provides 4 meals worth of food.
- Food donors include processors, manufacturers, food brokers, growers, retailers, and wholesalers.
- Food donations are received by food pantries, soup kitchens, emergency shelters, day care centers, programs for the disabled, senior programs, and rehabilitation programs.

Name _____ Phone (H) _____

Address _____ Phone (W) _____

City _____ State _____ Zip _____ D.O.B. _____

Group (if applicable) _____ Shirt Size S M L XL XXL

Email: _____

Sponsor Name	Address	Contribution
TOTAL		\$

All donations are tax deductible. Checks are made payable to: **Food Bank of the Hudson Valley.**

Free T-Shirt with \$25 or more in contributions! (limit one per walker)

WAIVER: In consideration of my or my child's voluntary participation in the Food Bank of the Hudson Valley's 14th Annual "Walk to Fight Hunger", I hereby for myself or my child, my heirs, executors, and personal representatives, waive, release and discharge the Food Bank of the Hudson Valley, its officials, volunteers, and all other sponsors from any and all injuries and claims of damage of any kind growing out of my participation in and any related activities. By signing below, I also hereby give permission to the Food Bank of the Hudson Valley to use my or my child's likeness in photo, film or video without compensation for the purpose of promoting the Food Bank of the Hudson Valley's "Walk to Fight Hunger".



Walker Signature

Parent/Guardian Signature (if walker is under 18)